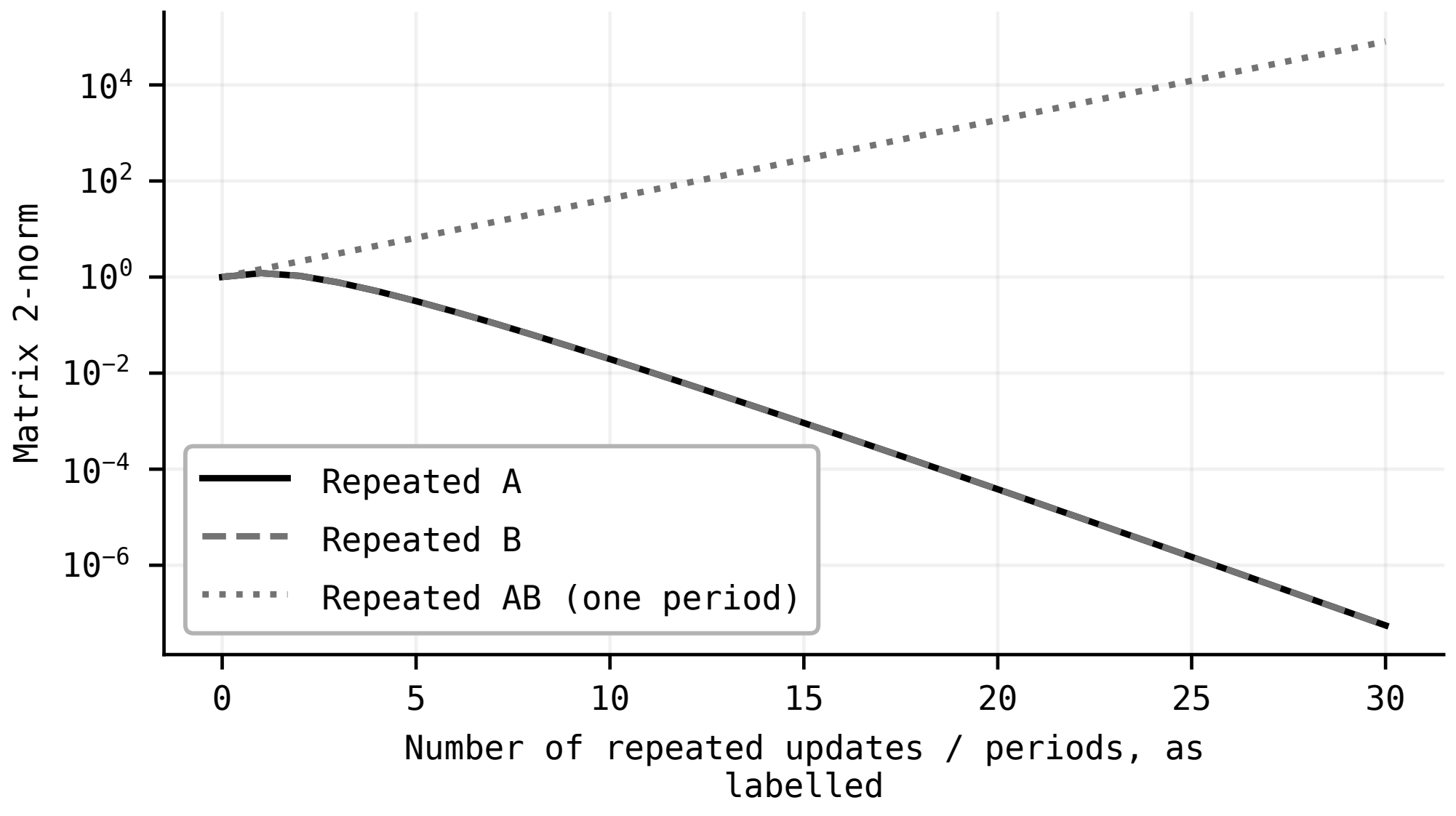

Matrix 2-norm
10^{4}
10^{2}
10^{0}
10^{-2}
10^{-4}
10^{-6}
Repeated A
Repeated B
Repeated AB (one period)
0
5
10
15
20
25
30
Number of repeated updates / periods, as labelled